



## **TEMPORARY SHOWCASE BASKETBALL TRAINING RULES – UPDATED MAY 28, 2021**

The rules set forth below are in conjunction with YMCA and LA County guidelines:

### **Location**

- All Showcase programming is allowed to resume inside the YMCA gyms

### **Coaches**

- All coaches must wear a mask at all times
- All coaches must wash hands or use hand sanitizer before and after each training
- All coaches must maintain 6 feet of distance from others when not training
- Training sessions will be designed to ensure safety measures are enforced

### **Players**

- All players must wear a mask at all times
- All players must wash hands or use hand sanitizer before and after each training
  - For camps, players will have their temperature taken upon entry
- All players must maintain 6 feet of distance from others when not training

### **Parents**

- Parents and/or spectators are not allowed inside the gym
  - Exception: a parent with a child aged 6 or younger will be permitted to watch from the gym balcony while their child is training as long as they follow the same guidelines as coaches set forth above.
- If a parent needs to speak with a coach, please call Jeff Christensen at 503-453-7741

